CURRICULUM VITAE

Personal Details:

Name: Sulaiman M. Almazeedi B.M.B.Ch., MRCS (England), KBS, MCSO
Speciality: General, Upper GI/Bariatric and Colorectal Surgery
Date of Birth: June 19, 1984
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Qualifications:

- 2006: Degree of Bachelors of Medical Sciences, The Faculty of Medicine, Kuwait University.
- 2009: Degree of Bachelors of Medicine and Surgery (B.M.B.Ch.), The Faculty of Medicine, Kuwait University.
- 2014: Member of the Royal College of Surgeons England (MRCS).
- 2015: Degree of the Kuwaiti Board of General Surgery, Kuwait Institute for Medical Specialization (KIMS).
- 2017: Fellowship in Advanced Upper GI and Bariatric Surgery, London UK
- 2018: Fellowship in Colorectal and Robotic Surgery, London UK
- 2021: Masters in Clinical Service Operations (MCSO), Harvard Medical School

Education and Work:

- 1989-1997: Studied Primary, Intermediate and High School in "The American International School of Kuwait" and graduated with high honors, GPA 3.89.
- 2002: Joined The Faculty of Medicine in Kuwait University.
- 2006: Completed the Degree of Bachelors of Medical Sciences.
- 2008: Completed a Surgical Clerkship at The Karolinksa University Hospital, Stockholm, Sweden.

- 2009: Completed the Degree of Bachelors of Medicine and Surgery.
- 2015: Completed the Kuwaiti Board of General Surgery Residency Program.
- 2015: Appointed Senior Registrar of General Surgery at Amiri Hospital, Kuwait.
- 2017: Fellowship in Advanced Upper GI and Bariatric Surgery at Chelsea and Westminster Hospital London.
- 2018: Fellowship in Colorectal Surgery at The Royal Marsden Hospital London.
- 2019-Currently: Appointed Specialist Upper GI/Bariatric, Colorectal and General Surgeon at Jaber Al-Ahmed Hospital, Kuwait.
- 2019-Currently: Assistant Program Director of the Principles of Surgery (R1-R2) Surgical Residency Program under the Kuwait Institute for Medical Specialisation (KIMS).

Licensing:

- Kuwait Medical License: 2009100025
- FSMB Federation Credentials Verification Service (FCVS) ID: 203533138
- General Medical Council (GMC) Reference Number: 7060854
- Royal College of Surgeons Number: 9047942
- *Da Vinci Surgical Robotic System* Console Surgeon Certification

Skills and Achievements:

- 2007-2009: Served as Editor-in-Chief of the Kuwait University *The Monthly Dose* student magazine.
- 2008: Served as Local Officer for Research Exchange at Kuwait University.
- 2008: Attended and Completed a Workshop entitled: “Basic Surgical Skills”.
- 2009: Served as National Officer for Human’s Rights and Peace at Kuwait University.
- 2010: Attended, passed, and obtained license for the *Advanced Trauma Life Support (ATLS) Provider Course*, at Ministry of Health, Kuwait, in conjunction with the Saudi Commission for Health Specialties.

- 2011: Attended, passed, and obtained license for the *Advanced Cardiac Life Support (ACLS) Provider Course*, at Ministry of Health, Kuwait, in conjunction with the American Heart Association and the Saudi Commission for Health Specialties.

- 2011: Participated in the *Basic Laparoscopic Surgery Course,* held by the Kuwait Institution for Medical Specialization in association with the Faculty of Medicine.

- 2013: Attended the Workshop "Single Port Laparoscopic Surgery."

- 2013: Attended the "The 2nd Kuwait Evidence-Based Clinical Practice Workshop"

- 2013: Attended the Workshop "Hernia Solutions."

- 2013: Attended the Workshop "Laparoscopic Upper GI and Revisional Bariatrics."

- 2014: Attended the Workshop "Focused Assessment with Sonography in Trauma (FAST)."

- 2015: Attended the IRCAD (Strasbourg, France) 5-Day Intensive Laparoscopic General Surgery Course.

- 2015: Completed the "Fundamentals of Laparoscopic Surgery" (FLS) Program.

- 2015: Appointed Peer Reviewer for the *Pediatric Obesity* Journal.

- 2016: Completed the "Principles of Bariatric Surgery" hands-on workshop at *Sharjah University,* UAE.

- 2017: Completed the Basic skills in upper gastrointestinal (UGI) endoscopy JAG course.

- 2018: Completed the Basic skills in lower gastrointestinal (LGI) endoscopy JAG course.

- 2019: Attended, passed, and obtained license for the *Advanced Cardiac Life Support (ACLS) Provider Course.*

- 2020: Obtained certification in *Da Vinci Surgical Robotic System Training* as a Console Surgeon.

- 2020: Awarded the Bariatric Surgeon of Excellence recognition by the *Surgical Review Corporation, USA.*

Conferences and Presentations:

- 2007: Participated in the 12h Annual Health Science Poster Day with a research paper entitled "Beyond the PSA Era: Molecular Markers for Non-invasive Detection of Prostate Cancer".

- 2008: Attended the International Federation of Medical Students' Associations, Eastern Mediterranean Region 4th Conference as the Local Officer for Research Exchange.

- 2011: Attended and Organized "The First Annual Kuwait Obesity and Metabolic Surgery Conference."

- 2012: Attended and Organized "The 2nd Kuwait Conference on Hepato-Bilary Surgery and Transplantation."

- 2012: Participated in the 17h Annual Health Science Poster Day with a research paper entitled "Gastric Histopathologies of Sleeve Gastrectomies in Kuwait."

- 2012: Participated in the 29h Annual Meeting of the American Society for Metabolic and Bariatric Surgery (ASMBS), San Diego USA, with a research paper entitled "Histopathologies of Patients Undergoing Sleeve Gastrectomies in Kuwait."

- 2013: Attended the 2013 Annual Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) Meeting, Baltimore USA.

- 2013: Attended and Organized "The First Annual Gulf Obesity and Metabolic Surgery Society Conference" (GOSS).

- 2014: Participated in the 2014 Annual Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) Meeting, Salt Lake City, USA, with a research paper entitled "The Impact of Helicobacter Pylori on the Complications of Laparoscopic Sleeve Gastrectomy."

- 2015: Participated in the 2015 Annual Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) Meeting, Nashville, USA, with a research paper entitled "Non-alcoholic Fatty Liver Disease Resolution Following Sleeve Gastrectomy."

- 2017: Attended the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Annual Conference in London, UK.

- 2019: Attended the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Annual Conference in Madrid, Spain.

- 2019: Attended International Federation for the Surgery of Obesity and Metabolic Disorders Middle-East and North Africa Region (IFSO-MENAC) Annual Conference in Kuwait City, Kuwait.

- 2019: Attended the American College of Surgeons Annual Congress in San Fransisco, USA.

- 2019: Organized Kuwait's First *Future of Surgery* Conference, part of the *Kuwait Association of Surgeons* Surgical Week.

Exams:

- 2010: Passed the USMLE Step 1 exam, first attempt.

- 2010: Passed the USMLE Step 2 CK exam, first attempt.

- 2011: Passed the USMLE Step 2 CS exam, first attempt.

- 2011: ECFMG Certification Received on May 10, 2011.

- 2012: Passed the MRCS Part A exam, first attempt.

- 2012: Passed the Kuwaiti Board of Surgery Part I exam, first attempt.

- 2014: Passed the USMLE Step 3 exam, first attempt.

- 2014: Passed the MRCS Part B exam, first attempt.

Publications:

- 2011: Clinical Research: "Gastric Histopathologies of Patients Undergoing Sleeve Gastrectomies in Kuwait." Published in *Obesity Surgery* March 2013.

- 2011: Case Report: "Hydatid Cyst of the Ovary Causing Urinary Retention." Published in *Journal of Clinical Urology* November 2013.

- 2013: Clinical Research: "The Impact of Helicobacter Pylori on the Complications of Laparoscopic Sleeve Gastrectomy." Published in *Obesity Surgery* October 2013.

- 2013: Clinical Research: "Routine Trans-abdominal Ultrasonography before Laparoscopic Sleeve Gastrectomy: the Findings." Published in *Obesity Surgery* October 2013.

- 2014: Clinical Research: “Treating Sleeve Gastrectomy Leak with Endoscopic Stenting.” Published in *Surgical Endoscopy* January 2014.

- 2014: Clinical Research: “The Efficacy of Laparoscopic Sleeve Gastrectomy in Treating Adolescent Obesity.” Published in *Obesity Surgery* June 2014.

- 2014: Clinical Research: “Laparoscopic Sleeve Gastrectomy (LSG) Outcomes from the Arabian Gulf.” Published in *Obesity Surgery* August 2014.

- 2014: Clinical Research: “Remission of Type 2 Diabetes Mellitus after Laparoscopic Sleeve Gastrectomy.” Published in *World Journal of Laparoscopic Surgery* December 2014.

- 2016: Clinical Research: “Non-alcoholic Fatty Liver Disease Resolution Following Sleeve Gastrectomy.” Published January 2016 in *Surgical Endoscopy.*

- 2016: Review Article: “Splenopathy in Patients with Sickle Cell Disease” Published in *Journal of Surgery* March 2016.

- 2016: Clinical Research: “Re-Sleeve Gastrectomy vs Roux-en-Y Gastric Bypass in Failed Primary Sleeve Gastrectomies: A Prospective Study.” Published in *Journal of the American College of Surgeons* October 2016.

- 2017: Clinical Research: “Portomesenteric Vein Thrombosis After Laparoscopic Sleeve Gastrectomy: Case Series and Literature Review.” Published in *Obesity Surgery* March 2017.

- 2017: Case Report: “Incidental Gastric Accessory Spleen During Laparoscopic Sleeve Gastrectomy.” Published in *International Journal of Surgery Case Reports* May 2017.

- 2019: Clinical Research: “Predictors of Successful Weight Loss Following Sleeve Gastrectomy.” Published in *Kuwait Medical Journal* June 2019.

- 2020: Clinical Research: “Role of bariatric surgery in reducing the risk of colorectal cancer: a meta-analysis.” Published in the *British Journal of Surgery* January 2020.

- 2020: Clinical Research: “Characteristics, risk factors and outcomes among the first consecutive 1096 patients diagnosed with COVID-19 in Kuwait.” Published in *The Lancet: EClinicalMedicine* July 2020.

- 2020: Clinical Research: “Spatiotemporal Dynamics of COVID-19 epidemic in the State of Kuwait.” Published in *International Journal of Infectious Diseases* June 2020.

Research:

- 2006-2007: Clinical Research: "Beyond the PSA Era: Molecular Markers for Non-invasive Detection of Prostate Cancer".
- 2008: Epidemiological Survey: "Health Risk Behaviors Among Youth in Kuwait, Oman, Saudi Arabia and Sudan".
- 2008: Clinical Research: "Fatigue, Sleep Deprivation and Patient Safety Practices among In-house On-call Physicians in Kuwait's Public Hospitals".
- 2011: Case Report: "Neuroendocrine Tumour of the Prostate."
- 2012: Audit: "Surgical Operation Notes in 3 Government Hospitals in Kuwait."
- 2014: Clinical Research: "Elevated Prothrombin Fragments 1+2 and Thrombin-Antithrombin Complex Concentrations in Patients with Abdominal Aortic Aneurysms."
- 2014: Clinical Research: "Efficacy of current Radiological and Biochemical Markers in the Diagnosis of Acute Appendicitis."
- 2014: Clinical Research: "The Impact of Prolonged Fasting on the Prevalence of Perforated Duodenal Ulcers."
- 2018: Clinical Research: "Exposure of Underlying Mitral Stenosis Following Increased Physical Activity After Gastric Bypass Surgery"
- 2018: Clinical Research: "Gastrogastric Fistula After Roux-en-Y Gastric Bypass: A Case Report and Review of Literature"
- 2018: Clinical Research: "Acute Internal Hernia Following Abdominoplasty in Post-Gastric Bypass Patients"

Society Memberships:

- The American College of Surgeons (ACS)
- The Society of American Gastrointestinal and Endoscopic Surgeons (SAGES)

- The Society for Surgeons of the Alimentary Tract (SSAT)
- Member of the Royal College of Surgeons (England)
- International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO)

Volunteer Work:

- Volunteered for the Kuwait's Association for Care of Children in Hospitals (KACCH) in NBK Hospital.
- Played an active role in organizing *The Charity Bazaar for Disabled People*.
- Served as an active member of the *Kuwait for Kenya* volunteer group.
- An active Member of the Kuwait Child's Rights Society.
- Designated as the resident in charge of teaching final year medical students during their surgical rotation in Kuwait University.
- Led the 3D-Printed Nasopharyngeal Swab COVID-19 Team at the Ministry of Health Kuwait (**www.projectjaber.com**)

Hobbies:

- Trained at the *Kuwait Shotokan Center* for Karate, and successfully obtained the Green Belt (Kyu 3) Level.
- Served as a Project Research Analyst for *Khazaen Venture Capital Company*.
- Attended the *Moasher* Program, an Entrepreneur Training Workshop.
- Member of the Kuwait University Journal Club.
- Founding Member of the Kuwait Kayak Club.
- Avid Squash Player.
- Member of the Kuwait *Ducati* Motorbike Club
- Attained the *NAUI* international open-water scuba diving license.

- Attained the *NAUI* international advanced scuba diving license.

Language Courses:

- Completed French Language Course at the *Berlitz Language Institute*.